

**Weekly Update**

**NOW AVAILABLE:  
 FALL 2022 COVID-19  
 BOOSTER FOR  
 EVERYONE 5+**



[Click here for more information and to locate Fall 2022 COVID-19 Boosters](#)

**December 12, 2022**

**In This Issue:**

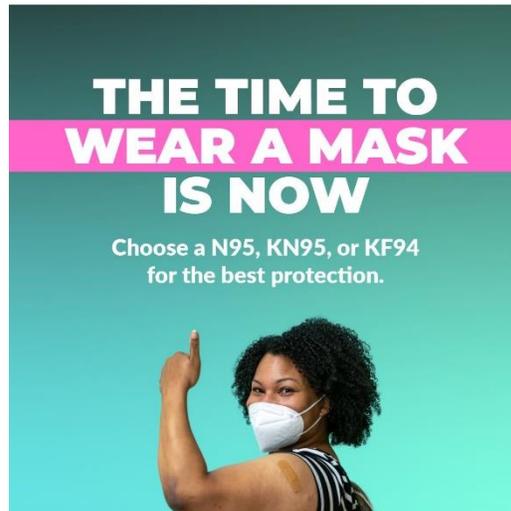
NEW Vaccine Resources ..... Page 2-4  
 NEW Events, Webinars, Town Halls..... Page 5-6  
 LA County Vaccination News & Updates..... Page 7  
 External News Headlines..... Page 8

The following guidance is as of **December 12, 2022**. We are working hard to make sure we provide the most accurate information, but please note that the situation is constantly developing so what is shared below is subject to change. Please check [www.VaccinateLACounty.com](http://www.VaccinateLACounty.com) for current information.

**Follow/Share LA County Public Health Social Media Posts**



- ✦ Get vaccinated, boosted and treated.
- ✦ Stay home if you're sick.
- ✦ Wear a well-fitted, respirator mask indoors.
- ✦ Wash your hands frequently.
- ✦ Disinfect & wipe down surfaces.



Choose a N95, KN95, or KF94 for the best protection.

[Facebook.com/LAPublicHealth](https://www.facebook.com/LAPublicHealth) • [Twitter.com/LAPublicHealth](https://twitter.com/LAPublicHealth)

## Weekly Update

### NEW Vaccine Resources

#### Updated COVID Vaccines Now Available for Kids 6 Months+

On December 9, 2022, CDC expanded the use of updated (bivalent) COVID-19 vaccines for children ages 6 months through 5 years. **The vast majority of children in this age group have not received any doses of a COVID-19 vaccine.** Parents should talk to their child's health care provider to ensure their child is up to date on their COVID-19 and other vaccines.

- [Read the full media statement from CDC](#)
- [Read the press release from Moderna](#)
- [Read the press release from Pfizer](#)



#### Updated COVID Vaccines: A Holiday Toolkit

The [We Can Do This](#) campaign has compiled these holiday resources to spread the word about the importance of everyone staying up to date with their COVID vaccines and how to get them.

- [Visit the Toolkit](#)
- [Holiday Social Media Posts](#)



#### Holiday Gatherings - Social Media Assets

The [California Department of Public Health](#) has created holiday social media assets in English and Spanish to share within your community this season. **Tips for Parents** in English and Spanish, and **5 Ways to Protect Yourself and Your Family this Winter.**

- [Winter Virus Prevention toolkit](#)



**Weekly Update**

**Updated Toolkit: Holiday Travel and COVID-19**

[California Department of Public Health](#) updated their [Travel and COVID-19 toolkit](#) with new social media images and messages reminding Californians to reduce their COVID-19 risk this holiday travel season through masking, staying up to date on vaccines and boosters, testing if sick, and more. Such measures also work to reduce one's risk from other circulating viruses like flu and RSV this winter.



- [Explore the Travel and COVID-19 Toolkit](#)

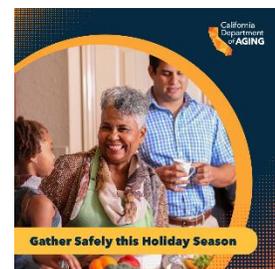
**Winter Break COVID-19 Communication Toolkit Resources**

Check out the following social media graphics from the Los Angeles County Office of Education COVID-19 Communication Toolkit. [Access the Winter Break COVID-19 Communication toolkit](#) to review and share materials social media materials available in English and Spanish.



**RSV, Flu, and COVID-19 Impacts on Older Adults Toolkit**

[The California Department of Aging](#) offers an outreach toolkit and other resources for you to distribute to the older adults and people with disabilities you serve. Share this information via email, on social media, in conversations, or print and mail.



- [Access the RSV, Flu and COVID-19 Older Adults Toolkit](#)

# Spread Holiday Cheer Not COVID-19, Flu or RSV This Season



**If you're sick, stay home.**

Follow all COVID-19, flu and RSV safety measures  
to keep yourself and loved ones healthy.



**LACOE WINTER BREAK COVID-19 COMMUNICATION TOOLKIT**

## Weekly Update

### **NEW Events, Webinars, Town Halls**

---

#### **Looking Ahead: Insights, Challenges and Opportunities for the Future of Public Health**

**December 14, 2022**

**12:00pm PT / 3:00pm ET**

[Register here](#)



Join for a **free** engaging session on the future of public health to conclude the celebration of the American Public Health Association's (APHA) 150th anniversary. Hear from four public health experts as they discuss their visions for the future of the public health field, bringing unique perspectives from the community, national, global and cross-sectoral levels.

---

#### **Conversaciones Honestas: Facilitating and Celebrating Honest Conversations About COVID-19 and Other Health Topics in RIM Communities**

**December 15, 2022**

**11:00am PT / 2:00pm ET**

[Register here](#)



If you missed last month's webinar on highlighting how the Honest Conversations campaign can help you to connect your communities to health guidelines and resources in a timely, relevant, and compelling way, join us on Dec. 15. **This webinar will be in Spanish with interpretation in English.**

---

#### **Preparing for Flu Season 2022-2023: Early Surveillance and Vaccine Uptake Data from the CDC**

**December 15, 2022**

**12:00pm PT / 3:00pm ET**

[Register here](#)



NACCHO is hosting a webinar focused on the 2022-23 Influenza season with information on surveillance and vaccination coverage data, and antiviral treatment options. The objective of the webinar is to support Local Health Departments in their strategic flu planning this season by sharing up to date data from three speakers from the Centers for Disease Control and Prevention, as well as to discuss any ongoing needs or resources available to support local efforts.

**Weekly Update**

**SCHOOL CHAMPIONS TAKE YOUR BEST SHOT**

**FOR THE HOLIDAYS AT**

**FRIDAY  
DECEMBER  
16  
8:30 AM-1:00 PM**

**Florence Griffith Joyner Elementary  
1963 East 103rd Street  
Los Angeles, CA 90002  
323-569-8141**

- 1. Bring or send your kid's updated shot record to the school nurse or**
- 2. Get your kid's missing shots at the Mobile Vaccine clinic onsite Friday 12.16.22 & get a total of \$25 in gift cards to:**
  - Subway
  - Baskin Robbins
  - Starbucks

**12.16.22 Activities**

- +Shots for Kids
- +Healthy snacks
- +Fun activities
- +Prizes



Sponsored by the  
Immunization Coalition of Los Angeles County & the  
National Association of School Nurses

## Weekly Update

### Los Angeles County Vaccination News & Updates

**December 12, 2022** – Press Release [link here](#)

- During the past week, an **average of 3,318 COVID-19 cases were reported per day**, a 12% decrease from the 7-day average of 3,721 cases reported per day last week, and over a 150% increase from one month ago.
- This past week, there was an **average of 210 admissions per day**; the increase in admissions from one week ago, at 9%, is smaller than previous increases observed in late November.
- DPH is currently reporting an **average of 13 deaths per day**, an increase from the average of 11 deaths reported per day a week ago.
- **Using the CDC's Community Levels framework, last week LA County moved into the High Community Level with a case rate of 258 new cases per 100,000 people and over the past week.** With a higher number of cases, LA County will see more transmission. This means that your chance of catching COVID during routine activities, such as grocery shopping, eating out at restaurants, or running errands, increases.

#### Protective Measures to Reduce Transmission of COVID-19

- Wear a mask indoors.
- Wash your hands frequently.
- If you are sick, please stay home and get tested.
- Test before gatherings.

#### Update on Influenza and Respiratory Syncytial Virus (RSV)

Along with COVID-19, LA County continues to see high rates of flu and RSV.

- **Last week, 30% of specimens tested positive for influenza, and this is higher than the week before when we reported 25%.** DPH continues to see an upward trajectory of flu percent positivity.
- Any case of influenza can be severe, especially when it spreads to people who are at high risk, including older adults and young children.
- **It is not too late to get your seasonal flu shot and the same measures you take to protect yourself from COVID-19 can be applied to flu prevention as well.**
- **It appears that RSV may have peaked in early-November.** RSV can disproportionately impact young children and is a leading cause of pneumonia and bronchiolitis according to the CDC.
- Given that there are still high levels of RSV, it is worth emphasizing that the same protections listed above, including **masking and handwashing, plus wiping down surfaces, can help to reduce the spread of RSV.**

## Weekly Update

---

### External News Headlines

---

#### [Healthline: This Year's Flu Shot 'Good Match' For Current Strains, CDC Says](#)

Officials from the U.S. Centers for Disease Control and Prevention (CDC) announced that the formulations of the flu shot this year are a good match for the current viral strains circulating in the country. The news comes as flu cases have risen drastically in recent weeks. (Pattemore, 12/9)

#### [CNBC: Children As Young As 6 Months Old Are Now Eligible For Omicron Covid Vaccines](#)

The Centers for Disease Control and Prevention on Friday signed off on omicron vaccines for children as young as 6 months old, giving pharmacies and physicians the green light to start administering the shots. Children ages 6 months through 5 years old who received the two-dose Moderna primary series can now get an omicron booster two months after their second dose. Meanwhile, kids ages 6 months through 4 years old who are completing their Pfizer primary series will receive the omicron shot as their third dose. (Kimball, 12/9)

#### [NPR: Authorities Are Urging Indoor Masking In Major Cities As The 'Tripledemic' Rages](#)

Rochelle Walensky, director of the Centers for Disease Control and Prevention, noted this past week that the simultaneous combination of viruses has been straining healthcare systems across the country. The center's map that tracks COVID-19 community levels has been showing more orange recently, a color indicating an area of "high" infection, Walensky told NPR's Alisa Chang on All Things Considered. (Kim, 12/11)

#### [Bloomberg: It's Still Worth Fighting Anti-Covid Vaccine Misinformation](#)

Medical misinformation has never contributed to as many deaths as in the last 18 months. Recently released statistics show thousands of "excess" deaths concentrated among the US states and counties with the lowest uptake of Covid-19 vaccines — though the vaccines were free and available to everyone. (Sarah Green Carmichael and Faye Flam, 12/11)

#### [The New York Times: The Covid Pandemic's Hidden Casualties: Pregnant Women](#)

Of all the groups still threatened by Covid-19 — including the elderly and the immunocompromised — it is pregnant women who seem the most unaware of the risks. Covid can kill pregnant women and can result in miscarriage, preterm births and stillbirths even when the women have asymptomatic or mild illness. The infection may also affect the baby's brain development. (Mandavilli, 12/8)

---

Editor:

Kimberly A. Cooper, MA  
Staff Analyst, Liaison