

WEEKLY SPOTLIGHT

November 3, 2022



COVID-19, FLU AND RSV: WHAT TO KNOW THIS SEASON





Is it COVID-19, the flu, RSV or a common cold?

[The American Academy of Pediatrics](#) has developed a symptoms check-list to assist in determining what respiratory illness may be making your child sick this season. Some COVID, flu, respiratory syncytial virus (RSV) and cold symptoms can be alike. But there are some clues that set each of these common viruses apart. Discover these useful resources from the AAP:

- [COVID-19 & Other Respiratory Illnesses: How Are They Different](#)
- [RSV: When It's More Than Just a Cold](#)
- [COVID Vaccine Checklist for Kids](#)
- [Which Flu Vaccine Should Children Get?](#)

COVID-19, Flu, RSV and Colds:

Check Your Child's Symptoms

How To Tell Them Apart					
Common symptoms of all four illnesses include fever, cough, fatigue, stuffy, runny nose and congestion. Some symptoms that may be different include:					
Illness	Sudden loss of taste or smell	Headache	Loss of appetite	Sore throat	Sneezing
 COVID-19	✓	✓	✓	✓	
 Flu		✓	✓	✓	✓
 Cold				✓	✓
 Respiratory syncytial virus (RSV)					✓

Call your pediatrician if your child has any of the following symptoms:

- Rapid breathing, flaring nostrils, wheezing and grunting
- Shortness of breath/difficulty breathing
- Chest caving in with each breath
- Very ill or drowsy
- Poor feeding
- Dehydration
- Vomiting for more than 24 hours
- Bloody diarrhea
- Fever:
 - above 104°F in any child
 - above 100.4°F if child is under 2 months old
 - above 103°F for more than 24 hours

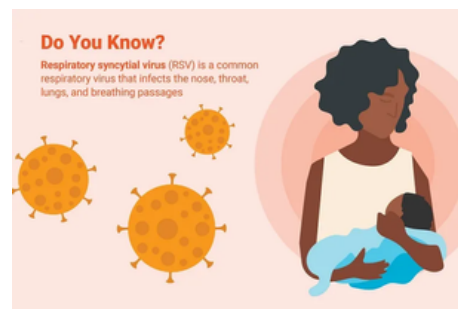
 [healthychildren.org](https://www.healthychildren.org)
Powered by professionals. Funded by parents.
 from the American Academy of Pediatrics

Learn More About RSV (Respiratory Syncytial Virus) Prevention

Respiratory syncytial virus (RSV) is a common virus that spreads through contact with respiratory droplets (coughing, sneezing, or kissing). Even though RSV is often associated with mild, cold-like symptoms, it can be serious and can lead to severe illness. RSV is the leading cause of hospitalization among infants and kills an estimated 14,000 older adults in the U.S. each year. **There is no vaccine to prevent RSV infection yet, but scientists are working hard to develop one.***

[The National Foundation for Infectious Diseases](#) (NFID) has developed a suite of resources on RSV including infographics, a factsheet, and a public-service announcement.

- [Why Is RSV Suddenly in the News?](#)
- [Infographic highlighting key facts about RSV including symptoms and ways to prevent RSV](#)
- [Downloadable and printable factsheet about RSV](#)
- [RSV: A Virus You Should Know](#) (Video)
- [Respiratory Syncytial Virus Infection \(RSV\)](#) (CDC)
- [Older Adults Are At Risk for Severe RSV Infection](#) (CDC)



***RSV Vaccine Under Development as Pediatric Cases Surge at SoCal Hospitals**
 (ABC7 News, 11/1/022)